

## Sigil – A Cardigan Jacket



Sigil is a cardigan-style jacket with set-in sleeves that meant to be warm and stylish and relatively quick to complete. Simple cable detailing provides visual interest to the garment. This is an intermediate level design that includes short-row shaping, paired decreases and just a little bit of grafting.

## **Gauge:**

12 stitches and 20 rows to 4" in stockinette using US 11 needles, or as required to get stated gauge.

## **Yarn:**

7 (4 oz/153 yards) skeins of Sweet Grass Wool Unscoured 3-ply Targhee. (Even with 2 swatches I had 1/2-1/3 skein left over).

If this yarn is used for the sweater, wet-blocking and dressing your gauge swatch is highly recommended.

## **Size:**

This sweater was only designed in one size – 40" finished diameter, 22.5" sleeves from shoulder top to wrist.

## **Other Requirements:**

The cable pattern is taken from Viking Patterns for Knitting, by Elsebeth Lavold, Trafalgar Square Publishing, 1998. Alternatively, this cable design can also be found in The Knitted Rug, by Donna Druchanas, Lark, 2004.

## **Abbreviations:**

R: Row  
RS: Right side  
WS: Wrong side  
BO: Bind off  
CO: Cast on  
K: Knit  
P: Purl  
SSK: Slip Slip Knit  
K2Tog: Knit two stitches together  
yf: yarn forward  
yb: yarn back  
sl1: slip one stitch

## **The Back**

### Bottom Band

CO 12 stitches

R1: K2, P8, K2 (this is the foundation row)

R2: P2, K8, P2

R3: K2, P8, K2

R4: P2, K8, P2

Maintaining 2 stitch stockinette edges on each side of main pattern, knit the 6 rows that compose the link base (see Elsebeth Lavold's Viking Patterns for Knitting, p. 13), follow with 10 8-row repeats of the central link pattern (see Viking Patterns for Knitting, p. 14) and complete the motif with the 6-row link cap (Viking Patterns for Knitting, p. 13).

Repeat the first 3 rows above that comprise the foundation rows. Bind off as set. There should be 100 rows, including the bind off row.

Wet block to deal with yarn changes before continuing, if necessary.

### Back Panel

Pick up 60 stitches evenly across the bottom band when rotated horizontally. To do this, pick up 2 stitches, skip 1, pick up 1 stitch and skip 1, then repeat 19 more times until 60 stitches are set. Be sure that there is one stitch picked up at the first and last stitch of the band.

Knit 45 rows in stockinette or the equivalent to get 9" of stockinette (12" of fabric measured from the bottom of the horizontal band). End on a wrong side row.

### *Armhole Shaping*

Cast off 3 stitches at the beginning of the next two rows (54 stitches remain). Decrease 1 stitch at each end of the next and 2 following alternate rows (48 stitches remain). Decrease using paired decreases (i.e. SSK on the right side and K2Tog on the left side of the fabric as it faces you while knitting). All decreases should be done on the right side of the work.

Knit 39 more rows or until the armhole opening measures 8.5". End with a wrong side row.

### *Shoulder Shaping*

Bind off 4 stitches at the beginning of the next following 4 rows. Bind off 3 stitches at the beginning of the next following 4 rows. Bind off remaining 20 stitches.

Wet block entire piece to measurements, if necessary.

## **Sleeves (Make 2)**

### Bottom Band

CO 12 stitches

R1: P2, K8, P2

R2: K2, P8, K2

R3: P2, K8, P2

Maintaining 2 stitch stockinette edges on each side of main pattern, knit the 6 rows that compose the link base (see Elsebeth Lavold's Viking Patterns for Knitting, p. 13), follow with 4 repeats of the 8-row central link pattern (see Viking Patterns for Knitting, p. 14) and complete the motif with the 6-row link cap (Viking Patterns for Knitting, p. 13).

Repeat the first 2 rows above that comprise the foundation rows. Bind off as set. There should be 50 rows, including the bind off row.

Wet block to deal with yarn changes before continuing.

### Sleeve Body

Pick up 30 stitches evenly across the bottom band when rotated horizontally. To do this, pick up 2 stitches, skip 1, pick up 1 stitch and skip 1, then repeat 9 more times until 30 stitches are set. Be sure that there is one stitch picked up at the first and last stitch of the band.

Knit 5 rows in stockinette, ending with a wrong side row. Increase 1 stitch on each side of the sleeve on the next and every following 6<sup>th</sup> row until there are 48 stitches across. Knit 15 rows even, ending on a wrong side row.

### Cap Shaping

BO 3 stitches at the beginning of the next two rows (42 stitches remain). Decrease 1 stitch at each side of the next and 2 following alternate rows (36 stitches remain). (Use paired decreases as described above for armhole shaping).

Decrease on each side, every three rows, 6 times (24 stitches remain). Purl 1 row. Decrease 1 stitch each side on the following right side row (22 stitches remain). Purl 1 row.

BO 3 stitches at the beginning of the next following 4 rows. BO remaining 10 stitches.

Wet block entire piece to measurements.

## **Right Front**

### Bottom Band

CO 12 stitches

R1: K2, P8, K2

R2: P2, K8, P2

R3: K2, P8, K2

R4: P2, K8, P2

Maintaining 2 stitch stockinette edges on each side of main pattern, knit the 6 rows that compose the link base (see Elsebeth Lavold's Viking Patterns for Knitting, p. 13), follow with 2 repeats of the 8-row central link pattern (see Viking Patterns for Knitting, p. 14) and complete the motif with the 6-row link cap (Viking Patterns for Knitting, p. 13).

Repeat the first 4 rows above that comprise the foundation rows, ending with a wrong side row.

Turning the corner will be done with short row shaping.

K2, P8, K1, yf, sl1, yb, return stitch to left needle, turn work, P1, K8, P2

K2, P8, yf, sl1, yb, return stitch to left needle, turn work, K8, P2

K2, P7, yb, sl1, yf, return stitch to left needle, turn work, K7, P2

K2, P6, yb, sl1, yf, return stitch to left needle, turn work, K6, P2

K2, P5, yb, sl1, yf, return stitch to left needle, turn work, K5, P2

K2, P4, yb, sl1, yf, return stitch to left needle, turn work, K4, P2

K2, P3, yb, sl1, yf, return stitch to left needle, turn work, K3, P2

K2, P2, yb, sl1, yf, return stitch to left needle, turn work, K2, P2

K2, P1, yb, sl1, yf, return stitch to left needle, turn work, K1, P2

K2, yb, sl1, yf, return stitch to left needle, turn work P2

K1, yf, sl1, yb, return stitch to left needle, turn work, P1

K1, Knit next stitch and wrapped stitch together, turn work, P2

K2, Purl next stitch and wrapped stitch together, turn work, K1, P2

K2, P1, Purl next stitch and wrapped stitch together, turn work, K2, P2

K2, P2, Purl next stitch and wrapped stitch together, turn work, K3, P2

K2, P3, Purl next stitch and wrapped stitch together, turn work, K4, P2

K2, P4, Purl next stitch and wrapped stitch together, turn work, K5, P2  
K2, P5, Purl next stitch and wrapped stitch together, turn work, K6, P2  
K2, P6, Purl next stitch and wrapped stitch together, turn work, K7, P2  
K2, P7, Purl next stitch and wrapped stitch together, turn work, K8, P2  
K2, P8, Knit next stitch and wrapped stitch together, turn work, P1, K8, P2  
K2, P8, K1, Knit next stitch and wrapped stitch together, turn work, P2, K8, P2  
K2, P8, K2

Break yarn, put stitches on holder and wet block to deal with yarn changes before continuing.

Starting from the edge nearest the vertical pattern band, pick up 21 stitches along the top of the horizontal pattern band. Knit three rows in stockinette (i.e. purl, knit, purl) at the end of the second purl row (with wrong side facing) P2, K8, P2 from stitches on holder.

On next row, start 1<sup>st</sup> row of motif base, knit remaining 21 stitches. Maintaining the motif and stockinette areas as appropriate, work 40 more rows (for a total of 44 rows including stitch pick up row). End with a right side row.

### Armhole Shaping

BO 3 stitches at the beginning of the next row. Decrease 1 stitch on the next three right side rows one stitch in from the armhole edge (31 stitches remaining on needle). When 31 rows past the decreases have been knit (ending with a wrong side row)

### Crew Neck and Shoulder Shaping

R32 (RS): BO 6 stitches on the neck edge of the next row (21 stitches remain). Complete the row in the pattern established.

R33 (WS): Work row as established.

R34 (RS): BO 3 stitches at the neck edge (18 stitches remain), complete the row as established.

R35 (WS) Work row as established.

R36 (RS): Decrease 1 stitch at the neck edge, one stitch in from the edge, using SSK. Complete row as established. (17 stitches remain)

R37 (WS): Work row as established.

R38 (RS): Decrease 1 stitch at the neck edge, one stitch in from the edge, using SSK. Complete row as established. (16 stitches remain).

R39 (WS): BO 4 stitches at the armhole edge. Complete row in established pattern. (12 stitches remain).

R40 (RS): Decrease 1 stitch at the neck edge, one stitch in from the edge, using SSK. Complete row as established (11 stitches remain).

R41 (WS): BO 4 stitches at the armhole edge. Complete row in established pattern. (7 stitches remain).

R42 (RS): Decrease 1 stitch at the neck edge, one stitch in from the edge, using SSK. Complete row as established (6 stitches remain).

R43 (WS): BO 3 stitches at the armhole edge. Complete row in established pattern (3 stitches remain).

R44 (RS): Work row as established.

R45 (WS): BO remaining 3 stitches.

Wet block piece to shape if desired.

## **Left Front**

### Bottom Band

CO 12 stitches

R1: K2, P8, K2

R2: P2, K8, P2

R3: K2, P8, K2

R4: P2, K8, P2

Maintaining 2 stitch stockinette edges on each side of main pattern, knit the 6 rows that compose the link base (see Elsebeth Lavold's Viking Patterns for Knitting, p. 13), follow with 2 repeats of the 8-row central link pattern (see Viking Patterns for Knitting, p. 14) and complete the motif with the 6-row link cap (Viking Patterns for Knitting, p. 13). For the central link repeats, perform the crossover in the 5<sup>th</sup> row in the opposite direction from the crossover done on the right front.

Repeat the first 3 rows above that comprise the foundation rows, ending with a right side row.

Turning the corner will be done with short row shaping.

P2, K8, P1, yb, sl1, yf, return stitch to left needle, turn work, K1, P8, K2

P2, K8, yb, sl1, yf, return stitch to left needle, turn work, P8, K2

P2, K7, yf, sl1, yb, return stitch to left needle, turn work, P7, K2

P2, K6, yf, sl1, yb, return stitch to left needle, turn work, P6, K2

P2, K5, yf, sl1, yb, return stitch to left needle, turn work, P5, K2

P2, K4, yf, sl1, yb, return stitch to left needle, turn work, P4, K2

P2, K3, yf, sl1, yb, return stitch to left needle, turn work, P3, K2

P2, K2, yf, sl1, yb, return stitch to left needle, turn work, P2, K2

P2, K1, yf, sl1, yb, return stitch to left needle, turn work, P1, K2

P2, yf, sl1, yb, return stitch to left needle, turn work K2

P1, yb, sl1, yf, return stitch to left needle, turn work, K1

P1, purl next stitch and wrapped stitch together, turn work, K2

P2, knit next stitch and wrapped stitch together, turn work, P1, K2

P2, K1, knit next stitch and wrapped stitch together, turn work, P2, K2

P2, K2, knit next stitch and wrapped stitch together, turn work, P3, K2

P2, K3, knit next stitch and wrapped stitch together, turn work, P4, K2  
P2, K4, knit next stitch and wrapped stitch together, turn work, P5, K2  
P2, K5, knit next stitch and wrapped stitch together, turn work, P6, K2  
P2, K6, knit next stitch and wrapped stitch together, turn work, P7, K2  
P2, K7, knit next stitch and wrapped stitch together, turn work, P8, K2  
P2, K8, purl next stitch and wrapped stitch together, turn work, K1, P8, K2  
P2, K8, P1, purl next stitch and wrapped stitch together, turn work, K2, P8, K2  
P2, K8, P2

Break yarn, put stitches on holder and wet block to deal with yarn changes before continuing.

Starting from the edge nearest the vertical pattern band, pick up 21 stitches along the top of the horizontal pattern band. Knit three rows in stockinette (i.e. knit, purl, knit) at the end of the second knit row (with right side facing) K2, start 1<sup>st</sup> row of motif base, K2 from stitches on holder.

Maintaining the motif and stockinette areas as appropriate, work 41 more rows (for a total of 45 rows including stitch pick up row). End with a wrong side row.

### Armhole Shaping

BO 3 stitches at the beginning of the next row. Decrease 1 stitch on the next three right side rows one stitch in from the armhole edge (31 stitches remaining on needle). When 32 rows past the decreases have been knit (ending with a right side row)...

### Crew Neck and Shoulder Shaping

R33 (WS): BO 6 stitches on the neck edge of the next row (21 stitches remain). Complete the row in the pattern established.  
R34 (RS): Work row as established.  
R35 (WS): BO 3 stitches at the neck edge (18 stitches remain), complete the row as established.  
R36 (RS) Work row as established.  
R37 (WS): Decrease 1 stitch at the neck edge, one stitch in from the edge, using P2TogTBL. Complete row as established. (17 stitches remain)  
R38 (RS): Work row as established.  
R39 (WS): Decrease 1 stitch at the neck edge, one stitch in from the edge, using P2TogTBL. Complete row as established. (16 stitches remain).  
R40 (RS): BO 4 stitches at the armhole edge. Complete row in established pattern. (12 stitches remain).  
R41 (WS): Decrease 1 stitch at the neck edge, one stitch in from the edge, using P2TogTBL Complete row as established (11 stitches remain).  
R42 (RS): BO 4 stitches at the armhole edge. Complete row in established pattern. (7 stitches remain).

R43 (WS): Decrease 1 stitch at the neck edge, one stitch in from the edge, using P2TogTBL. Complete row as established (6 stitches remain).

R44 (RS): BO 3 stitches at the armhole edge. Complete row in established pattern (3 stitches remain).

R45 (WS): Work row as established.

R46 (RS): BO remaining 3 stitches.

Wet block piece to shape if desired.

## Assembly and Finishing

Weave in ends in left and right fronts and back. Close gaps between front vertical panel edge and body of front with careful grafting.

Join fronts to back at shoulders. Sew sleeve seams and side seams. Insert sleeves.

With right side of right front facing, pick up 6 stitches across the first bound off edge, pick up 3 stitches across the second bound off edge and pick up 8 stitches along the side of the neck. Pick up 22 stitches across the back of the neck. Pick up 8 stitches along the left-front side of the neck, 3 stitches across the next bound off edge and 6 stitches across the final bound off neck edge on the left front. 56 stitches total have been picked up.

R1 (RS): K2, P52, K2

R2 (WS): P2, K52, P2

R3 (RS): K2, P52, K2

R4 (WS): P2, K1, M1, K50, M1, K1, P2 (58 stitches total)

R5 (RS): K2, P3, (base row of motif bottom, P2,)\* \*repeat 4 more times, P1, K2 (68 stitches total).

R6 (WS): P2, K1, M1, K2. Knit to last 3 stitches, maintaining cable motif as set. M1, K1, P2. (70 Stitches total)

R7: (RS): K2, P4, Knit 5 cable motifs with spacing as set in R5, P2, K2 (80 stitches total)

R8: (WS): As R6. (82 stitches total).

R9: (RS): K2, P5, Knit 5 cable motifs with spacing as set in R5, P3, K2

R10: (WS): As R6 (84 stitches total).

R11: (RS), K2, P6, Knit 5 cable motifs with spacing as set in R5, starting motif cap, P4, K2.

R12: (WS): As R6 (86 stitches total).

R13: (RS): K2, P7, Knit 5 cable motifs with spacing as set in R5, P5, K2

R14: (WS): As R6 (88 stitches total).

R15: (RS): K2, P8, Knit 5 cable motifs with spacing as set in R5, P6, K2 (78 stitches total)

R16: (WS): As R6 (70 stitches total)

R17: (RS): K2, P66, K2

Sigil v 1.0

R18: (WS): BO Purlwise across entire row.

Block collar to shape. Wear sweater and enjoy!

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